



TEEN GIRL WORKOUT CLUB

Girls from the ages of 12 to 18 can come and workout. Get stronger, lose weight, and get ready for your in-school sports. Girls of all athletic abilities are welcome. Each session is 60 minutes in length, and Kevin will train each participant sport specific.

July 10th–August 9th
Monday & Wednesday
10:00–11:00

\$150.00 for 10 sessions

Sign up today!

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CONTACT US
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